

“Are You Relationship Ready for 2008? 3 Secrets to Make You Ready Now!”

By Dr. Cindy Brown, “The Relationship Strategist”

Many of my clients and friends complain constantly to me that they are not happy being single or without a partner. I consistently let them know the things I have done and that they must do to have the fairy tale I have, and they have dreamed of. **If you are willing to look at yourself deeply and transform yourself from where you are now, to something different, you will have different results. Just as Cinderella did!** However if you continue to do the same things and expect different results, just call that insanity and bury yourself in the sand! AND stop complaining to your friends they are sick of hearing it!

No seriously, instead, pay attention to these simple secrets and begin here...

- 1. Get yourself in a really good place:** Make sure you are happy with your life, your body, your physical appearance and presence, car, home environment, job, career, etc. Why? Because when you are happy with yourself and with your life you put out good energy, then other people are attracted to your energy. Research has shown that men and women are both attracted to those who have confidence and a positive energy. And if you want a good person to be attracted to you, you need to have good energy, like attracts like, **the Law of Attraction**. If you don't love yourself, how do you expect someone else too! I coach people to develop a plan of action to accomplish this.
- 2. Make your wish list:** If you want to be in a relationship that honors you and what you really want to have and feel, you need to do some important steps to make sure you eventually get what you really want. I share all the steps in my new book *The Cinderella System*.™ get all the details and a FREE relationship success kit at www.TheCinderellaSystem.com. One step you can do right now is look at all your past relationships (romantic ones and with friends, family etc) and write down what you liked and didn't like about each one. This should give you a beginning look at what you want vs. what you don't want. Focus on what you want, ignore what you don't want, so the universe knows what to send/give you!
- 3. Take action:** Make sure you are going out and practicing communicating, relating with others, meeting people and researching what you want. The more comfortable with who you are and what you want, the more likely you will find and attract that which you are looking for. So many people fail to do this step. **You need to be active and putting energy out, in order to attract energy to you.** Go hang-out where your ideal partner would hang-out. If you are a healthy person- go to the gym, health store, running track etc. If you are a book person, hangout at your local bookstore or reading room.

These are just 3 of my Secrets to becoming Relationship Ready for 2008. I have many more secrets and suggestions for you if you read my new book or work with me 1-on-1 in my relationship intensive coaching sessions where I analyze your Relationship Attraction Factors and give you your very own Relationship Blueprint and action plan at completion. **Call my assistant** now 310-202-1610 Ext 2 to set up your session. I am only taking on a few clients for this exclusive package. Don't miss out on this special offer!

I hope these tips have helped you and will prepare you to have what you really want in 2008. **Remember: In order to be the person you have never been, In order to have the life and relationships you have never had, You must do what you have never done before: Give me a call or contact me so I can support you further!**

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