

# "Are You Relationship Ready Now?"

*By Dr. Cindy Brown*

Many of my clients and friends constantly tell me that they are not happy being single or without a partner. I consistently let them know what things I have done and what they must do in order to have the relationship I have.

**If you are willing to take a look at yourself and your relationship and communication patterns deeply from the inside-out and start to transform yourself from where you are now, to something better, you can have different results very soon, or whenever you want, just as I did and just as Cinderella did!** However if you continue to do the same things and expect different results, just call that **insanity** and bury yourself in the sand! AND stop complaining to your friends, they are sick of hearing it!

No seriously, instead, pay attention to these simple secrets and begin here...

**1. Change Your Attitude and Energy to positive:** Make sure you are happy and accepting of your life, your body, your physical appearance, energy and presence, car, home environment, job, career, etc. **Why? Because when you are happy with yourself and with your life you put out good energy, then other people are attracted to your energy.** Research has shown that men and women are both attracted to those who have confidence and a positive energy. And if you want a good person to be attracted to you, you need to have good energy, **like attracts like, the Law of Attraction proves so, whether you like it or believe in it or not!** If you don't love yourself, how do you expect someone else to! Check out my video about this <http://www.youtube.com/user/drcindybrown>

**2. Have Clarity: know what you want, make your wish list-** If you want to be in a relationship that honors you and what you really want to have and feel, you need to do some important steps to make sure you eventually get what you really want. I share all the steps in my new book *The Cinderella System*.™ get all the details and a FR\*EE relationship success kit at [www.TheCinderellaSystem.com](http://www.TheCinderellaSystem.com). Or if you want to learn these steps "LIVE" at my up-coming 1 day event go to <http://www.TheCinderellaSystemGSLC.com>

**One step you can do right now is** look at all your past relationships (romantic ones and with friends, family etc) and write down what you liked and didn't like

about each one. This should give you a beginning look at what you want vs. what you don't want. Focus on what you want, ignore what you don't want, so the universe knows what to send/give you! Pay attention and be aware if and when you are attracted to something you don't want, simply move on and focus on your list of what you want, expecting it to show up for you any minute, think positive!

**3. Practice:** Make sure you are going out and practicing communicating, relating with others, meeting people and researching what you want. The more comfortable with who you are and what you want, the more likely you will find and attract that which you are looking for. So many people fail to do this step. **You need to be active and putting energy out, in order to attract energy to you.** Go hang-out where your ideal partner would hang-out. If you are a healthy person, go to the gym, health store, running track etc. If you are a book person, hang-out at your local bookstore or reading room.

**4. Take Action:** Sign-up now\* to experience *The Cinderella System* "LIVE" at my upcoming 1 day event, Go to <http://www.TheCinderellaSystemGSLC.com/> \*If you are one of the first 10 people to sign-up today you will get a FR\*E Book and CD mailed to you. Mention-*Newsletter Bonus Offer* in the note section.

YES, IN ONE DAY YOU CAN ACHIEVE PEACE IN YOUR HEART, RELEASE SHAME & GUILT AND PAST RELATIONSHIP EXPERIENCES, FORGIVE YOURSELF AND LEARN TO LOVE YOURSELF SO SOMEONE ELSE CAN LOVE YOU!

These are just some of my Secrets to becoming Relationship Ready right now!. I have many more secrets and suggestions for you in my book or when you work with me 1-on-1 in VIP coaching sessions where I analyze your Relationship Attraction Factors and give you your very own Relationship Blueprint and action plan at completion, or "LIVE" at our up-coming event mentioned above. **Call my assistant Lisa** now at 310-202-1610 Ext 2 for more information or to set up your session.

**Remember: In order to be the person you have never been, In order to have the Life and Relationships you have never had, You must do what you have never done before. Contact us so we can make Your dreams come true also!**

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bodies, enjoy pleasure, learn how to fulfill their needs and live the amazing, happy life they deserve and desire! If you want to attract, have and keep the relationship you really, really want, subscribe now to my award winning weekly online newsletter *Relationship Intelligence* and get my FR\*E Special Report and Audio Class at [www.SuccessfulrelationshipsNow.com](http://www.SuccessfulrelationshipsNow.com)